

## House of Delegates Athlete Report

1. Held elections to elect a junior and senior athlete rep
  - a. Senior Athlete Rep: Robert Mitchell
  - b. Junior Athlete Rep: Grace Tramack
2. Funding in budget
3. Created two sub committees
  - a. Social Media: responsible for posting athlete updates to Instagram
  - b. Newsletter: interviews coaches, officials and athletes throughout Pacific Swimming to introduce different faces within the LSC
    - i. Sub Committees still a work in process, trying to figure out flow of communication as well as roles for the year
4. Convention
  - a. Attended athlete leadership meetings
    - i. Executive Image
    - ii. Servant Leadership
    - iii. Life and leadership out of the water
    - iv. Peer Leadership
  - b. Related core values to LSC culture
  - c. Voted in new athlete board and committee
5. Goals from strategic planning meeting
  - a. Club athlete from each team
  - b. Keep social media going strong
  - c. Send more athletes to convention, workshops, leadership summit, etc.
  - d. Put a retention plan in place
    - i. Create a mentorship program
    - ii. Athlete Rep How-To Guide
  - e. More communication among reps
  - f. Have athletes on National Committees
  - g. Convention How-To Guide
  - h. Have each rep know what they are supposed to be doing
    - i. How they can participate in areas they're interested in
    - ii. Which committees they're part of and how they can contribute