

PACIFIC SWIMMING 14-Under Junior Olympic Championships

Hosted by Morgan Hill Swim Club (MAKOS)

Co-sponsored by Pacific Swimming

December 6th – 8th, 2013

Enter Online: <http://ome.swimconnection.com/pc/MAKO20131206>



SANCTION: Held under USA/Pacific Swimming Sanction No. **13-215**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at <http://results.teamunify.com/pc/pcmhsc>**

USE OF AUDIO & VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording electronic devices, including but not limited to film and digital camera, cell phones and tablets, is not permitted in changing areas, restrooms or locker rooms. Violation of this recording prohibition may result in the ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Michael Davis	Head Starter: Michael Piccardo
Admin Referee: Susi Jackson	Asst. Admin Referee: Brian Malick
Meet Marshal: Sachi Itow	Meet Director: Michael Greymont – mgreyont@mhgcg.com

LOCATION: Morgan Hill Aquatics Center, 16200 Condit Road, Morgan Hill, CA.

From Southbound Highway 101: take Dunne Avenue exit, go left and cross over 101, go right at the first street (traffic light), Condit Road. Pool is on left, about ¼ mile.

From Northbound Highway 101: take Tennant Avenue exit, go right and make immediate left onto Condit Road. Pool is on right.

Entry: Enter facility through the gates at the competition end of the Aquatics Center, the south end. The facility may also be entered through the main entrance on the north end. Parking is available on the North and South of the Facility, as well as the East side of Condit Road. Please note, vehicles not staying at the hotels, and ones parked in either Harley Davidson or Patio World, are subject to immediate tow. Hotels will provide guests with a parking pass.

COURSE: 25 yard x 50-meter outdoor, heated pool, minimum depth 7-13 feet is in accordance with Article 103.2.3. We will swim up to 16 lanes (25 yards) depending on the number of entries. Warm-up / warm-down lanes will be available. In accordance with Article 104.2.2C(4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Competition begins at 9:00 AM, each day; warm-ups will begin at 7:30 am each morning and end at 8:45 am. Finals will begin no sooner than one hour after completion of the last preliminary event. The exact time will be determined by the referee and announced as early as possible.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk of Course.
- Swimmers may compete in **3** events per day plus relays.
- All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- Relays and 11-12/13-14 age group 1000 yards and 1650 yard Freestyle will be timed finals (see special rules below).
- Age on the first day of the Meet governs for the entire Meet.

SPECIAL RULES:

- All HEATS of the 11-12 and 13-14 age group 1000 yard and 1650 yard Freestyle events will swim together fastest to slowest at the conclusion of the trials on the day the events are scheduled.
- Swimmers **MUST** provide their own timers and lap counters for the 1000 yard and 1650 yard Freestyle races.
- There will be a 10 minute break prior to the start of distance events on Saturday and Sunday.

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the

athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS:

- Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.
- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- No pets allowed in all areas of the meet venue. Service Dogs are exempt.
- Team areas are located on lawn and areas around the recreation side of the pool. Limited areas for coaches are next to the pool. No EZ-ups or chairs are provided. Coaches are expected to share areas around the pool deck.
- Cement Walkways are to be left open for emergency vehicle access and/or traffic flow.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

TENTS: Warming/heated tents will be provided so that **swimmers** have a warm environment during the meet. Space will be very limited, no saving of space within the tents. No large chairs or large coolers are allowed within the tents. **Meet management will restrict access and use of the tents to swimmers only.** Tents will be on deck near the competition area. You may place plastic tarps/blankets/sleeping bags on the deck to act as insulation. All other team tents are welcome around the facility (inside). You may leave EZ-ups up overnight, however neither the Morgan Hill Makos nor the City of Morgan Hill takes responsibility for personal belongings. Covered areas for coaches and timing will be provided along the perimeter of the pool.

ELIGIBILITY:

- This meet is open to swimmers aged 14 years and younger who are registered in the Pacific Swimming LSC and have achieved the Junior Olympic Pacific Swimming time standard in each event entered as listed in the 2013 Swim Guide. Time standards can be found at: <http://www.pacswim.org/userfiles/cms/documents/263/ag-times-2013.pdf>
- Swimmers must be current members of USA-S and must enter their name and registration on the meet entry card, or online as shown on their Registration Card. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded via mail POST MEET.
- **No Time "NT" entries will not be accepted.**
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding any special accommodations requested on the entry times and seeding per Pacific Swimming Policy.

SEEDING: Conforming short course yards (SCY)-JO Times will be seeded first followed by non-conforming Long Course Meters (LCM)-JO Times, followed by non-conforming short course meter (SCM)-JO Times.

ENTRY FEES: \$5.50 per individual event, \$8.00 participation fee per swimmer. \$20.00 per relay. **Note, relay only swimmers ARE NOT required to pay the participation fee. All entry fees MUST be included with entry.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/mako/20131206> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through **Wednesday, November 27, 2013.**

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, **Monday, November 25, 2013** or

500 Free	50 Fly	400 FR	200 MR	100 IM	1000 Free		50 Free	1650 Free
	100 Free			1000 Free	200 MR		1650 Free	200 FR
	400 FR			200 MR			200 FR	

SCHEDULE OF EVENTS:

Friday December 6 th , 2013							
	Time	Girls Event #	Age	Distance /Stroke	Boys Event #	Time	
	2:31.79	1	11-12	200 IM	2	2:36.09	
	2:23.79	3	13-14	200 IM	4	2:16.99	
	1:22.39	5	10/Un	100 IM	6	1:22.39	
	43.09	7	11-12	50 Breast	8	43.09	
	2:23.89	9	13-14	200 Back	10	2:25.59	
	36.49	11	10/Un	50 Fly	12	36.49	
	2:34.99	13	11-12	200 Back	14	2:34.99	
	2:42.99	15	13-14	100 Breast	16	2:35.79	
	2:37.89	17	10/Un	200 Free	18	2:37.89	
	5:54.99	19	11-12	500 Free	20	5:52.99	
	5:35.99	21	13-14	500 Free	22	5:25.29	
	43.09	23	10/Un	50 Breast	24	43.09	
	31.79	25	11-12	50 Fly	26	32.29	
	6:59.99	27	10/Un	500 Free	28	6:59.99	
	1:01.89	29	11-12	100 Free	30	1:00.99	
		31	13-14	400 FR *	32		
		33	11-12	400 FR *	34		

Saturday December 7, 2013							
	Time	Girls Event #	Age	Distance/Stroke	Boys Event #	Time	
	5:27.49	35	11-12	400 IM	36	5:27.99	
	5:09.49	37	13-14	400 IM	38	4:54.99	
	1:24.29	39	10/Un	100 Fly	40	1:24.29	
	1:20.69	41	11-12	100 Breast	42	1:21.99	
	58.09	43	13-14	100 Free	44	55.29	
	1:10.79	45	10/Un	100 Free	46	1:10.79	
	33.29	47	11-12	50 Back	48	33.89	
	1:06.19	49	13-14	100 Back	50	1:10.39	
	37.49	51	10/Un	50 Back	52	37.49	
	2:39.99	53	11-12	200 Fly	54	2:43.99	
	2:33.99	55	13-14	200 Fly	56	2:29.99	
	1:32.79	57	10/Un	100 Breast	58	1:32.79	
	1:11.89	59	11-12	100 IM	60	1:12.49	
		61	11-14	1000 Free **	62		
		63	13-14	200 MR *	64		
		65	10/Un	200 MR *	66		

		67	11-12	200 MR *	68		
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**** Swimmers must provide their own timers and lap counters for 1000 Freestyle races. *Relays swim at the conclusion of finals.**

Sunday December 8, 2013							
	Time	Girls Event #	Age	Distance /Stroke	Boys Event #	Time	
	2:53.69	69	11-12	200 Breast	70	2:53.99	
	2:05.79	71	13-14	200 Free	72	2:01.19	
	1:11.19	73	11-12	100 Back	74	1:12.49	
	1:21.99	75	10/Un	100 Back	76	1:21.99	
	2:42.99	77	13-14	200 Breast	78	2:35.79	
	2:17.29	79	11-12	200 Free	80	2:17.49	
	2:54.99	81	10-Un	200 IM	82	2:54.99	
	1:05.59	83	13-14	100 Fly	84	1:02.79	
	1:11.49	85	11-12	100 Fly	86	1:13.19	
	32.19	87	10/Un	50 Free	88	32.19	
	26.69	89	13-14	50 Free	90	25.29	
		28.49	11-12	50 Free	92	27.99	
		93	11-14	1650 Free***	94		
		95	10/Un	200 FR *	96		
		97	13-14	200 FR *	98		
		99	11-12	200 FR *	100		

**** Swimmers must provide their own timers and lap counters for 1650 Freestyle races. *Relays swim at the conclusion of finals.
See eligibility section for Timing Standards (JO-Times)**

Relay Entry Form

Club Name	Club Abbr.
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To enter one or more relay teams, write entry time(s) in box(es) below.

M/F	Age Group	Event	Event #	A Team	B Team	C Team
F	10-U	200 Medley Relay	131			
F	10-U	200 Free Relay	227			
M	10-U	200 Medley Relay	132			
M	10-U	200 Free Relay	228			
F	11-12	400 Free Relay	33			
F	11-12	200 Medley Relay	133			
F	11-12	200 Free Relay	231			
M	11-12	400 Free Relay	34			
M	11-12	200 Medley Relay	134			
M	11-12	200 Free Relay	232			
F	13-14	400 Free Relay	31			
F	13-14	200 Medley Relay	129			
F	13-14	200 Free Relay	229			
F	13-14	400 Free Relay	32			
F	13-14	200 Medley Relay	130			
M	13-14	200 Free Relay	230			

COACH	#EVENTS
COACH EMAIL	

ADDRESS	X \$20.00
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PHONE()	TOTAL DUE \$
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Pacific Swimming – Hosted by **Morgan Hill Makos**
14-Under Junior Olympic Championships
December 6th – 8th, 2013
 Consolidated Entry Form

Name: Last, First Middle													
Club Abbr.			UNATT TEAM ABBR				Club Name						
Age			Date of Birth				Sex M F		LSC – (PC, SN)				
USA-#													
Event #	Distance / Stroke					Entry Time			Circle one				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
						: .			SCY / LCM				
# of entries _____ x \$5.50 = \$ _____ Participation Fee \$ 8.00 Total \$ _____													
Coach													
Swimmer's Address													
Home Phone							Cell Phone						