

**CSA Fall League**  
**Short Course Dual Meet**  
Saturday, September 14, 2013  
Teams: BAC and QSS



**SANCTION:** Sanctioned by USA/Pacific Swimming. Sanction # **13-175**

*In granting this sanction, it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during conduct of this event.*

**NOTICE:** By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results.

**USE OF AUDIO & VISUAL:** Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

**OFFICIALS:**

<i>Meet Referee:</i> Jennifer McKennan	<i>Head Starter:</i> Dustin McKennan
<i>Meet Marshal:</i> Dolores Akin	<i>Admin Official:</i> Phil Keslin
<i>Meet Director:</i> Andre Salles-Cunha - (408) 860-0925 / acunha.qss@gmail.com	

**LOCATION:** Silver Creek Valley Country Club, 5967 Country Club Pkwy, San Jose, CA.

**From 101-S,** take Yerba Buena exit, turn right on Silver Creek Valley Rd, turn left on Farnsworth Drive, left on Courtside, right on Country Club Pkwy. The pool is located on the left side. Parking is available in the pool parking lot on Country Club Pkwy and street parking on Country Club Pkwy. Additional parking is available at Silver Oak Elementary on Farnsworth located directly behind the pool.

**From 101-N,** take Silver Creek Valley Rd exit, turn right on Farnsworth Drive, left on Courtside, right on Country Club Pkwy. The pool is located on the left side. Parking is available in the pool parking lot on Country Club Pkwy and street parking on Country Club Pkwy. Additional parking is available at Silver Oak Elementary on Farnsworth located directly behind the pool.

**COURSE:** Outdoor, heated 25-yard pool with up to 8 lanes available for competition. At least 1 additional lane will be available for warm-up/cool down throughout the competition in the competition pool. The minimum water depth, measured in accordance with Article 103.2.3, is 4'6" at the start end and 4'0" at the turn end. The competition course has not been certified in accordance with 104.2.2C(4);

**TIME:** Meet will begin at **9:00 AM** with warm-ups from **7:30 to 08:30 AM**. A special warm-up time for 8 and under swimmers only will be held from **8:30 to 8:50 AM**.

**RULES:**

- Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the Clerk of Course.
- All events are timed finals.
- **Swimmers may compete in up to three (3) events, excluding relays.**
- Swimmers with NO TIME ("NT") entries will be accepted.
- All swim coaches and deck officials must wear their USA Swimming membership cards in a visible manner.
- **Head Coaches of BAC and QSS must agree to an order of events by Friday, September 6, 2013 or the meet will default to the shortest event listed for each event number.**

**UNACCOMPANIED SWIMMERS:** Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA Swimming member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach. The swimmer must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**RESTRICTIONS:** • Glass containers of all kinds, sale and use of alcoholic beverages and tobacco products are prohibited in all areas of the meet venue defined as on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Except where the venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

**ELIGIBILITY:** • Swimmers competing for a team must be members of that team.

- Each swimmer competing for his or her team must be a current member of USA-S. The meet host must check all swimmer registrations against the SWIMS database, and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Unattached swimmers may compete, but may not score team points. Unattached swimmers will be seeded the same as attached swimmers.

- Scoring will be done in accordance with USA Swimming rules.

- **Swimmers must be a member of QSS or BAC. Swimmers who are unattached, but participating with a member team may enter a CSA dual meet.**

- **OPEN events are for swimmers of any age and there will be no minimum time standard for entering an OPEN event.**

- Swimmers aged 15 & Up will be competing in the OPEN events. Swimmers 19 years of age and over are eligible to compete in the meet in the OPEN events.

**ENTRIES:** Coaches will enter swimmers via the Hy-Tek or Team Unify compatible files and email the Meet Director **by Wednesday, September 11, 2013 by 9:00 PM. Email entries to Andre Salles-Cunha at [acunha.qss@gmail.com](mailto:acunha.qss@gmail.com).**

**ENTRY FEES:** \$25 per swimmer.

**CHECK-IN:** The meet will be pre-seeded. There will be no check-in.

**SCRATCHES:** There is NO penalty for a swimmer entered in this meet that misses one of his/her events.

**AWARDS:** No awards will be presented for placing.

**ADMISSION:** Free.

**REFRESHMENTS:** Snack bar may be available.

**PROGRAMS:** No programs will be available for purchase.

**TIMERS:** Participating teams will be responsible for providing timers.

**SCORING:** Scoring in individual events will be as follows: 1<sup>st</sup> place = 5 points; 2<sup>nd</sup> place = 3 points; 3<sup>rd</sup> place = 1 point. Scoring in relay events will be as follows: 1<sup>st</sup> place = 7 points; 2<sup>nd</sup> place = 0. Scoring will include boys & girls 8 & U; 10 & U; 11-12; 13-14 and OPEN. OPEN events will not be scored by age group.

## ORDER OF EVENTS

Girls Event #	Age Group	Event	Boys Event #
1	OPEN	200/400 Medley Relay	2
3	13-14	200/400 Medley Relay	4
5	11-12	200/400 Medley Relay	6
7	10 & Under	200 Medley Relay	8
9	8 & Under	100 Medley Relay	10
11	OPEN	1000 Freestyle	12
13	OPEN	200 Freestyle	14
15	13-14	200 Freestyle	16
17	11-12	200 Freestyle	18
19	10 & under	200 Freestyle	20
21	OPEN	50 Freestyle	22
23	13-14	50 Freestyle	24
25	11-12	50 Freestyle	26
27	10 & Under	50 Freestyle	28
29	8 & Under	25/50 Freestyle	30
31	OPEN	200/400 Individual Medley	32
33	13-14	200/400 Individual Medley	34
35	11-12	100/200/400 Individual Medley	36
37	10 & Under	100/200 Individual Medley	38
39	8 & Under	100 Individual Medley	40
<b>BREAK</b>			
41	OPEN	100/200 Butterfly	42
43	13-14	100/200 Butterfly	44
45	11-12	50/100/200 Butterfly	46
47	10 & Under	50/100 Butterfly	48
49	8 & Under	25/50 Butterfly	50
51	OPEN	100 Freestyle	52
53	13-14	100 Freestyle	54
55	11-12	100 Freestyle	56
57	10 & Under	100 Freestyle	58
59	8 & Under	50/100 Freestyle	60
61	OPEN	100/200 Backstroke	62
63	13-14	100/200 Backstroke	64
65	11-12	50/100/200 Backstroke	66
67	10 & under	50/100 Backstroke	68
69	8 & under	25/50 Backstroke	70
71	OPEN	500 Freestyle	72
<b>BREAK</b>			
73	OPEN	100/200 Breaststroke	74
75	13-14	100/200 Breaststroke	76
77	11-12	50/100/200 Breaststroke	78
79	10 & under	50/100 Breaststroke	80
81	8 & under	25/50 Breaststroke	82
83	OPEN	200/400/800 Free Relay	84
85	13-14	200/400/800 Free Relay	86
87	11-12	200/400 Free Relay	88
89	10 & under	200 Free Relay	90
91	8 & under	100 Free Relay	92